

ALDONA J. SPIEGEL, MD

The Center for Breast Restoration

Recovering from breast cancer treatment can be a painful and overwhelming ordeal. Dr. Aldona J. Spiegel understands the anxiety and confusion that many women feel when faced with choosing a suitable breast reconstruction option.

Dr. Spiegel and her team know that the role of breast reconstruction is about much more than just replacing the lost breast(s). It is about restoring emotional well-being, and allowing women to emerge confidently from their breast cancer battle with a renewed sense of wellness. She provides the most advanced breast restoration procedures in a caring and supportive environment—allowing each woman to successfully complete rehabilitation from breast cancer.

Board Certified in Plastic Surgery, Dr. Spiegel has trained with leading reconstructive surgeons around the world. Her clinical expertise in breast reconstruction and microsurgery allows her to focus on innovative surgical techniques, such as muscle-preserving flaps: DIEP, SIEA, GAP, TUG and the TAP for optimum results.

Dr. Spiegel serves as Director of the Center for Breast Restoration at The Methodist Hospital Institute for Reconstructive Surgery in Houston. Her vision combines a dedication to advanced research, exceptional education and the development of new, less invasive treatments, as well as a commitment to outstanding, patient-focused care.

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